MESSA ABC & MESSA Balance+

Free preventive prescriptions

MESSA ABC and MESSA Balance+ plans include an extensive list of free preventive prescriptions that are covered at no charge — no deductible, no copayment and no coinsurance. This helps MESSA members stretch their health care dollars and limit out-of-pocket costs.

In order to be included on the free preventive prescription list, a medication must fall under one of the following categories:

- Alcohol dependence
- Breast cancer prevention
- Cholesterol-lowering agents
- Colonoscopy-related medications
- Contraceptives
- Fluoride preparations
- Blood pressure-lowering agents
- Prenatal vitamins
- Pre-Exposure Prophylaxis (PrEP) for HIV
- Smoking cessation
- Weight loss

Taking advantage of MESSA's free preventive services and prescriptions is an important part of maintaining good health — and it could help avoid higher-cost services such as emergency room visits and hospitalizations.

If you have any questions, call MESSA's Member Service Center at 800-336-0013; we'd be happy to help you.

IMPORTANT

This list is frequently updated to keep pace with the rapidly changing prescription drug market. This version is current as of **August 14, 2026**. MESSA ABC and MESSA Balance+ members can view our most up-to-date list on **messa.org/FreeRx**.

1475 Kendale Blvd., P.O. Box 2560 | East Lansing, MI 48826-2560 | 800-292-4910 | TTY: 888-445-5614

MESSA ABC & MESSA Balance+

Free preventive prescriptions

Alcohol dependence
Acamprosate
Disulfiram

Aspirin - for diagnosis of preeclampsia
Aspirin 81mg

Breast Cancer Prevention[2]
Anastrozole[2]
Exemestane[2]
Raloxifene[2]
Tamoxifen[2]

Cholesterol Lowering
Amlodipine-Atorvastatin
Atorvastatin
Cholestyramine
Cholestyramine Light
Colesevelam
Colestipol hcl
Ezetimibe
Ezetimibe-Simvastatin
Fenofibrate
Fenofibrate, micronized
Fenofibrate, nanocrystallized
Fenofibric acid
Gemfibrozil
Icosapent ethyl
Lovastatin
Niacin ER
Omega-3 acid ethyl esters
Pravastatin Sodium
Prevalite
Rosuvastatin Calcium
Simvastatin

Colonoscopy-related Medications[1]
Polyethylene Glycol 3350 products *(generics for Miralax[1], Colyte[1], Golytely[1])*
Bisacodyl
Laxaclear *(generic for Miralax)*
Magnesium Citrate
Natura-Lax *(generic for Miralax)*
Phosphate laxative

Contraceptives
Afirmelle
Aftera
Altavera
Alyacen 1/35-28
Alyacen 7/7/7-28
Amethyst
Apri
Aranelle
Ashlyna
Aubra
Aubra Eq
Aurovela
Aurovela 24 FE
Aurovela FE
Aviane
Ayuna
Azurette
Balziva
Blisovi 24 Fe
Blisovi Fe
Briellyn
Camila
Camrese
Camrese Lo
Caya
Charlotte 24 Fe
Chateal
Chateal Eq
Cryselle
Cyred Eq
Dasetta 1/35-28
Dasetta 7/7/7-28
Daysee
Deblitane
Delyla
Desogestr-Eth Estrad Eth Estra
Dolishale
Drospirenone-Eth Estra-Levomef
Drospirenone-Ethinyl Estradiol
Econtra One-Step
Elinest
Ella
Eluryng
Emzahh
EnilloRing
Enskyce
Errin
Estarylla
Etonogestrel-Ethinyl E
Falmina
Feirza
Femcap
Finzala
Galbriela
Gemmily capsule
Gianvi
Hailey
Hailey 24 Fe
Hailey FE
Heather
Her Style
Iclevia
Incassia
Introvale
Isibloom
Jaimiess tablet
Jasmiel
Jencycla
Jolessa
Joyeaux
Juleber
Junel
Junel Fe
Junel Fe 24
Kaitlib Fe
Kalliga
Kariva
Kelnor 1-35
Kurvelo
Larin
Larin 24 Fe
Larin Fe
Layolis Fe
Lessina
Levonest
Levonorgestrel
Levonorgestrel-Eth Estradiol
Levonorg-Eth Estrad Eth Estrad
Lojaimiess tablet
Loryna
Low-Ogestrel
Lo-Zumandimine
Luizza
Lutera
Lyleq
Lyza
Marlissa
Medroxyprogesterone acetate
Meleya
Mibelas 24
Mibelas 24 Fe
Microgestin Fe
Mili
Minzoya
Mono-Linyah
Necon
New Day
Next Choice One Dose

[1]Certain age and/or gender requirements apply. If you have questions about your eligibility for this coverage, call our Member Service Center at 800-336-0013. [2]Medications require prior authorization before being covered as free preventive.

MESSA ABC & MESSA Balance+

Free preventive prescriptions

Nikki
Nora-Be
Norelgestromin-Ethinyl Estradiol
Norethindrone
Norethindron-Ethiinyl Estradiol
Norethin-Eth Estra-Ferrous Fum
Norgestimate-Ethinyl Estradiol
Norgestrel-Ethiny Estra
Norlyroc
Nortel
Nortel 7/7/7-28
Nylia
Opcicon One-Step
Option 2
Orquidea
Phexxi®
Philith
Pimtrea
Portia
React
Reclipsen
Rivelsa
Rosyrah
Setlakin
Sharobel
Shewise
Simliya
Simpesse
Sprintec
Sronyx
Syeda
Take Action
Tarina 24 FE
Tarina Fe
Tarina Fe 1-20 Eq
Taysofy
Tilia Fe
Tri-Estarylla
Tri-Legest Fe
Tri-Linyah
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Mili
Tri-Lo-Sprintec
Tri-Mili
Tri-Sprintec
Trivora-28
Tri-Vylibra
Tri-Vylibra Lo
Turqoz
Tydemy
Valtya
Velivet
Vestura
Vienva
Viorele
Volnea tablet
Vyfemla
Vylibra
Wide-Seal
Wera
Wymzya Fe
Xarah FE
Xulane
Zafemy
Zarah
Zumandimine

Contraceptives - over-the-counter products

Nonoxynol-9 vaginal sponge (Today®)
Nonoxynol-9 vaginal foam 12.5% (VCF®)
Nonoxynol-9 vaginal 3% gel (Gynol II®)
Nonoxynol-9 vaginal 4% gel (Conceptrol®)
Nonoxynol-9 vaginal 28% medicated film (VCF®)
Female condom (FC®, FC2®)
Male condom
Trojan
Trojan-Enz Lubricate
Trojan-Enz w/Spermi
Trojan Magn
Trojan Ultra-Thin
Trojan-Enz Lubricate
Trojan-Enz w/Spermi
True Cover condom

Fluoride Preparations

Fluoride
SF
SF 5000 Plus
Sodium Fluoride cream
Sodium Fluoride paste

Folic Acid[1]

(generic only – 0.4 mg and 0.8 mg)

Hypertension

Acebutolol
Aliskiren
Amiloride
Amiloride/HCTZ
Amlodipine
Amlodipine/Benazepril
Amlodipine/Olmesartan
Amlodipine/Valsartan
Amlodipine/Valsartan/HCTZ
Atenolol
Atenolol/Chlorthalidone
Azilsartan
Benazepril
Benazepril/HCTZ
Betaxolol
Bisoprolol
Bisoprolol/HCTZ
Bumetanide
Candesartan
Candesartan/HCTZ
Captopril
Captopril/HCTZ
Cartia XT
Carvedilol
Carvedilol Phosphate
Chlorothiazide
Chlorthalidone
Clonidine
Diltiazem
Diltiazem CD
Diltiazem ER
Dilt-XR
Doxazosin
Enalapril
Enalapril/HCTZ
Eplerenone
Ethacrynic acid
Felodipine
Fosinopril
Fosinopril/HCTZ
Furosemide
Guanfacine
HCTZ
Hydralazine
Indapamide
Irbesartan
Irbesartan/HCTZ
Isradipine
Labetalol
Lisinopril
Lisinopril/HCTZ
Losartan
Losartan/HCTZ
Matzim LA
Methyldopa
Metolazone
Metoprolol/HCTZ
Metoprolol tartrate

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Free preventive prescriptions

Minoxidil
Moexipril
Nadolol
Nebivolol
Nebivolol Hcl Nicardipine
Nifedipine
Nifedipine ER
Nimodipine
Nisoldipine
Olmesartan
Olmesartan/Amlodipine/HCTZ
Olmesartan/HCTZ
Perindopril
Phenoxybenzamine
Pindolol
Prazosin
Propranolol
Propranolol ER
Quinapril
Quinapril/HCTZ
Ramipril
Sotalol
Sotalol AF
Spironolactone
Spironolactone/HCTZ
Taztia XT
Telmisartan
Telmisartan/Amlodipine
Telmisartan/HCTZ
Terazosin
Tiadylt ER
Timolol
Torsemide
Trandolapril
Trandolapril/Verapamil
Triamterene
Triamterene/HCTZ
Valsartan
Valsartan/HCTZ
Verapamil
Verapamil ER

Prenatal Vitamins
PNV 27
Prenatal 19 chw 29-1mg

Prenatal 19 chw tab
Prenatal tab 27-1 mg
Prenatal tab plus
Prenatal vit tab low iron
Preplus tab 27-1 mg
Virt-C DHA cap

Pre-Exposure Prophylaxis (PrEP) for HIV
Descovy 200/25mg[2]
Emtrictabine200mg/Tenofovir300 mg[2]

Smoking Cessation Products[1]
Bupropion ER/SR
(generic Zyban 150 mg only)
Chantix[2]
Nicotine OTC Patches and Gum
Nicotrol[2]
Nicotrol NS[2]

Weight Loss Products
Diethylpropion hcl
Diethylpropion hcl Er
Phendimetrazine tartrate
Phentermine hcl
Phentermine-Topiramate[2]

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