

# Keys to success with Rx mandatory mail order

Mandatory home delivery of your long-term maintenance prescriptions saves you time and money. It also requires active management of prescriptions with your doctor and Express Scripts.

Get started transferring your long-term medications now. Don't wait until your prescriptions expire. Follow these steps to move your long-term (90-day) medications to mandatory home delivery:

1. Go to [messa.org](http://messa.org) and click “**Rx Home Delivery.**” Log in or create your MESSA member account and you'll automatically be taken to the Express Scripts member portal.
2. Review your prescriptions subject to mandatory mail order and transfer them to home delivery.
3. For new 90-day prescriptions or renewals of existing long-term medications, work with your doctor. Your doctor will be able to submit prescriptions electronically to Express Scripts for you.
4. Review the mandatory mail overview and FAQs at [messa.org/rxplans](http://messa.org/rxplans).
5. Help your spouse and adult dependents create their own Rx accounts at [express-scripts.com](http://express-scripts.com). Once they have created their accounts, they can update their account information to allow you to manage and order prescriptions on your behalf. You can find complete instructions and a walkthrough at [messa.org/rxplans](http://messa.org/rxplans).
6. Call MESSA's Member Service Center at 800.336.0013 and our team will be glad to help you enroll.

You can find additional resources on mandatory mail at [messa.org/rxplans](http://messa.org/rxplans), including our mandatory mail overview, FAQs, a list of long-term maintenance medications requiring home delivery, and instructions for setting up Express Scripts accounts for your spouse and adult dependents.

We understand the health care world is getting more complicated. MESSA staff can help you navigate this complex terrain so you can save the most money and get the most value from your MESSA plan.

Need more help? Call MESSA's Member Service Center at 800.336.0013. Our member service representatives are trained experts and ready to help.

