

Free Preventive Drug Coverage*

Most MESSA plans cover medications in the drug categories listed below with NO MEMBER COST SHARE, subject to age and gender requirements. In some cases, special rules for dispensing also apply. **All medications require a prescription from your doctor, including covered over-the-counter (OTC) medications.**

*MESSA ABC plans include a more extensive list of free preventive medications. To view the list, visit messa.org/MESSAABCs.

Covered Medications (A prescription is required for all)	Age and Gender Requirements
Aspirin – Generic OTC - 81 mg and 325 mg	To prevent cardiovascular events in men ages 45 to 79 and women ages 55 to 79
Breast Cancer Prevention – Generic tamoxifen and Generic raloxifene	For primary prevention of breast cancer in high-risk women age 35 years or older (special rules apply)
Colonoscopy-related medications <ol style="list-style-type: none"> 1. Polyethylene glycol 3350 products (generics for Miralax®, Colyte®, Golytely®) 2. Bisacodyl 3. Magnesium citrate 4. Phosphate laxative 	Men and women ages 50 to 75 years
Fluoride – Generic prescription products - .25 mg and .5 mg drops and tablets	Children 6 months through 5 years
Folic Acid – Generic OTC products - 0.4 and 0.8 mg	Women only
Smoking Cessation Support – Generic OTC patches, gum and lozenges; specific prescription medications	Adults age 18 and older (special rules apply)
Vitamin D (1000 units or less) – Generic OTC products	Men and women age 65 and older
Women’s Contraceptive Coverage <ol style="list-style-type: none"> 1. Barrier contraception – i.e., caps, diaphragms 2. Hormonal contraception – oral, transdermal, intravaginal, injectable (generic) 3. Emergency contraception 4. Implantable medications 5. Intrauterine contraception 6. OTC contraceptives 	Women only

This listing is subject to change. For the most up-to-date information, visit messa.org or call MESSA’s East Lansing-based Member Service Center at 800.336.0013.



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