

# Free preventive prescriptions

## **MESSA ABC health plans include coverage for free preventive prescriptions**

MESSA ABC health plans include coverage for an extensive list of free preventive prescriptions that are covered at no charge to MESSA ABC members (no deductible, copayment or coinsurance). This coverage gives members who enroll in MESSA ABC additional ways to stretch their health care dollars and helps them limit their out-of-pocket costs.

Given the rapidly changing prescription drug market, this list is frequently updated. This version is current as of October 5, 2018. For the most accurate and up-to-date listing, visit the MESSA ABC area at [messa.org](http://messa.org) or call MESSA's Member Service Center at 800.336.0013.

Preventive prescriptions that are covered for free under this MESSA ABC benefit include hundreds of generic and numerous "single-source" brand name drugs (single-source brand name drugs are drugs for which no generic options have been brought to market yet).

Covering these important preventive prescriptions helps keep down the cost of MESSA ABC. Making preventive services and preventive prescriptions more affordable (and in many cases, free) for patients means they are more likely to go see their doctor and follow their doctor's guidance. This helps MESSA members stay healthier and avoid higher cost services, such as emergency room visits and hospitalizations.

In order to be eligible for free preventive prescription coverage under this benefit, a prescription drug must be an FDA-approved drug therapy from one of the following standard preventive drug categories and it must be prescribed for the condition specified by the category:

- Alcohol dependence
- Breast cancer prevention
- Cholesterol-lowering agents
- Colonoscopy-related medications
- Contraceptives for women
- Fluoride preparations
- High blood pressure-lowering agents (Hypertension)
- Prenatal vitamins
- Smoking cessation
- Weight loss

## **IMPORTANT**

Because the prescription drug market changes rapidly, this list is updated frequently. This version is current as of October 5, 2018. For the most accurate and up-to-date listing, visit the MESSA ABC area at [messa.org](http://messa.org) or call MESSA's Member Service Center at 800.336.0013.



**Alcohol Dependence**

Acamprosate  
Disulfiram

**Aspirin<sup>1</sup>**

(generic OTC – 81 mg and 325 mg)

**Breast Cancer Prevention**

**Raloxifene<sup>2</sup>**

**Tamoxifen<sup>2</sup>**

**Cholesterol-lowering**

**Atoprev<sup>2</sup>**

Atorvastatin  
Atorvastatin/Amlodipine  
Cholestyramine  
Cholestyramine Light  
Colestipol  
Ezetimibe-Simvastatin  
Ezetimibe tablet  
Fenofibrate  
Fenofibric Acid  
Fluvastatin  
Fluvastatin ER  
Gemfibrozil  
Lipofen  
**Livalo<sup>2</sup>**  
Lovastatin  
Niacin ER  
Niacor  
Omega-3 Acid Ethyl Esters  
Pravastatin  
Prevalite  
Rosuvastatin  
Simvastatin  
Triglide  
Triкло  
**Vascepa<sup>2</sup>**  
Welchol

**Colonoscopy-related medications<sup>1</sup>**

Polyethylene Glycol 3350 products  
(generics for Miralax®, Colyte®,  
Golytely®)  
Bisacodyl  
Laxaclear (generic for Miralax)  
Magnesium Citrate  
Natura-Lax (generic for Miralax)  
Phosphate laxative

**Contraceptives**

Altavera  
Alyacen 7/7/7 -28  
Alyacen 1/35 -28  
Amethia  
Amethia Lo  
Amethyst  
Apri  
Aranelle  
Aviane  
Azurette  
Balziva  
Bekyree  
Blisovi FE  
Blisovi 24 FE  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Cryselle  
Cyclafem 1/35  
Cyclafem 7/7/7  
Cyred  
Drospirenone-Ethinyl Estradiol  
Ella  
Emoquette  
Enpresse-28  
Errin  
Fayosim  
Gianvi  
Heather  
Introvale  
Jolissa  
Jolivet  
Juleber  
Junel  
Junel FE  
Kaitlib FE  
Kariva  
Kelnor 1/35  
Larissia-28  
Leena  
Lessina 28  
Levonorgestrel  
Levonorg-Eth Estrad  
Levora-28  
Lillow  
Loryna  
Low-Ogestrel 28  
Lutera  
Lyza  
Medroxyprogesterone (Injection)

Microgestin  
Microgestin FE  
Mononessa  
My Choice tablet  
My Way  
Necon  
Next Choice  
Nora-Be  
Norethindrone  
Norethindrone-Ethin Estradiol  
Norgestimate and Ethinyl Estradiol  
Norgestrel/Ethinyl Estradiol  
Norlyda .35 mg tablet  
Nortrel  
Nuvaring  
Ocella  
Ogestrel-28  
Option 2  
Orsythia  
OTC Contraceptives (with a prescription)  
Ovral  
Portia 28  
Previfem  
Quasense  
Reclipsen  
Rivelsa  
Setlakin  
Sprintec  
Sronyx  
Syeda  
Tilia FE  
Taytulla  
Tri Femynor 28 tablet  
Tri-Legest FE 28  
Tri-Lo-Estarylla  
Tri-Lo-Marzia  
Tri-Lo-Sprintec  
Trinessa  
Trinessa Lo  
Tri-Previfem  
Tri-Sprintec 28  
Trivora-28  
Tri-Vylibra  
Tydemy  
Velivet  
Vienna  
Vyfemla 28  
Vylibra  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zovia

<sup>1</sup>Certain age and gender requirements apply. If you have questions about your eligibility for this coverage, call our Member Service Center at 800.336.0013.

<sup>2</sup>Medication requires prior authorization before being covered as free preventive.

**Fluoride Preparations**

Clinpro 5000  
Denta 5000 Plus  
Dentagel  
Ethedent  
Fluoride  
Fluoridex daily defense  
Fluoritab  
Prevent 5000  
Prevent 5000 Enamel Protect  
Prevent 5000 Sensitive  
SF 5000 Plus  
Sodium Fluoride

**Folic Acid<sup>1</sup>**

(generic only – 0.4 mg and 0.8 mg)

**Hypertension**

Acebutolol  
Afedtab CR  
Aldactazide 50/50  
Amiloride  
Amiloride/Hydrochlorothiazide (HCTZ)  
Amlodipine  
Amlodipine/Benazepril  
Amlodipine-Olmesartan  
Amlodipine/Valsartan  
Amlodipine/Valsartan-HCTZ  
Atenolol  
Atenolol/Chlorthalidone  
Benazepril  
Benazepril/Hydrochlorothiazide (HCTZ)  
Betaxolol  
Bisoprolol  
Bisoprolol/Hydrochlorothiazide (HCTZ)  
Bumetanide  
Bystolic  
Candesartan  
Candesartan/Hydrochlorothiazide (HCTZ)  
Captopril  
Captopril/Hydrochlorothiazide (HCTZ)  
Cardene SR  
Cardura XL  
Cartia XT  
Carvedilol  
Chlorothiazide  
Clonidine  
Clorpres  
Coreg CR  
Demser

Dilt-CD  
Diltiazem  
Diltiazem 24 ER  
Diltiazem ER  
Dilt-XR  
Diuril  
Doxazosin  
Dutoprol  
Dyrenium  
Edarbi  
Edarbyclor  
Enalapril  
Enalapril/Hydrochlorothiazide (HCTZ)  
Eplerenone  
Eprosartan  
Ethacrynic Acid  
Felodipine ER  
Fosinopril  
Fosinopril/Hydrochlorothiazide (HCTZ)  
Furosemide  
Guanfacine  
Hydralazine  
Hydrochlorothiazide (HCTZ)  
Indapamide  
Innopran XL  
Irbesartan  
Irbesartan/Hydrochlorothiazide (HCTZ)  
Isradipine  
Labetalol  
Lisinopril  
Lisinopril/Hydrochlorothiazide (HCTZ)  
Losartan  
Losartan HCT  
Matzim LA  
Methylothiazide  
Methyldopa  
Methyldopa/Hydrochlorothiazide (HCTZ)  
Metolazone  
Metoprolol Succinate  
Metoprolol Tartrate  
Metoprolol/Hydrochlorothiazide (HCTZ)  
Minoxidil  
Moexipril  
Moexipril/Hydrochlorothiazide (HCTZ)  
Nadolol  
Nadolol/Bendroflumethiazide  
Nicardipine  
Nifediac CC  
Nifedipine  
Nifedipine ER  
Nimodipine

Nisoldipine  
Olmesartan-Amlodipine-Hctz  
Olmesartan-Hctz  
Olmesartan Medoxomil  
Perindopril  
Phenoxybenzamine HCL 10 mg cap  
Pindolol  
Prazosin  
Propranolol  
Propranolol/Hydrochlorothiazide (HCTZ)  
Qbrelis 1 mg/ml solution  
Quinapril  
Quinapril/Hydrochlorothiazide (HCTZ)  
Ramipril  
Reserpine  
Sorine  
Sotalol  
Sotalol AF  
Spironolactone  
Spironolactone/Hydrochlorothiazide (HCTZ) 25/25  
Tadalafil  
Taztia XT  
Tekturna  
Tekturna HCT  
Telmisartan  
Telmisartan/Hydrochlorothiazide (HCTZ)  
Terazosin  
Timolol  
Torsemid  
Trandolapril  
Trandolapril/Verapamil  
Triamterene/Hydrochlorothiazide (HCTZ)  
Valsartan  
Valsartan/Hydrochlorothiazide (HCTZ)  
Verapamil  
Verapamil ER

**Prenatal Vitamins**

Atabex  
Cadeau DHA  
Citranatal 90 DHA  
Citranatal Assure  
Citranatal DHA  
Citranatal Rx  
Complete Natal DHA  
Completenate  
Duet DHA  
Duet DHA EC

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Elite-OB  
Kosher Prenatal Plus Iron tablet  
Marnatal-F Plus  
Mynatal  
Mynatal Advance  
Mynatal Plus  
Mynatal-Z  
Natachew  
Natelle One  
Nestabs  
OB Complete  
OB Complete 400  
OB Complete DHA  
OB Complete Gold  
OB Complete One  
Obtrex DHA  
O-Cal FA  
O-Cal Prenatal  
Omega 3  
Omega-3 Fish oil Vit D3  
Omega-3 + Vitamin D3  
PNV 29-1  
PNV-DHA  
PNV-DHA + Ducosate  
PNV-DHA Plus  
PNV-Iron  
PNV-Omega  
PNV-Select  
PNV-Total  
Prefera-OB  
Prefera-OB One  
Prefera-OB plus DHA  
Prenatabs FA  
Prenatabs Rx  
Prenatal 19  
Prenatal Low Iron  
Prenatal Multivitamin with Iron  
Prenatal Plus

Prenatal Plus – DHA  
Prenate DHA  
Preplus  
Primacare  
PR Natal 400  
PR Natal 400 EC  
PR Natal 430  
PR Natal 430 EC  
Select-OB + DHA  
SE-Natal 19  
Taron-C DHA  
Taron Prex Prenatal  
Theranatal One  
Thrivite Rx  
Triadvance  
Tricare Prenatal chewable tablet  
Trinatal Rx 1  
Trinate  
Triveen Duo DHA  
Triveen 1  
Triveen-PRX – RNF  
UltimateCare One  
UltimateCare One NF  
Vinate Care  
Vinate II  
Vinate One  
Vinate-M  
Virt-Nate  
Virt-Nate DHA  
Virt-PN  
Virt-PN DHA  
Vitafole-FE+  
Vitafole-OB  
Vitafole-OB+DHA  
Vol-Nate  
Vol-Plus  
Vol-Tab-Rx  
VP-CH-PNV

VP-Heme OB  
VP-PNV-DHA  
Zatean CH  
Zatean-PN – DHA  
Zatean-PN – Plus

### Smoking Cessation Products<sup>1</sup>

Bupropion ER/SR  
(generic Zyban 150 mg only)  
Chantix  
Nicotine OTC Patches and Gum  
Nicotrol  
Nicotrol NS

**Vitamin D<sup>1</sup>** (1000 units or less)  
(generic only)

### Weight Loss Products

Belviq<sup>2</sup>  
Belviq XR<sup>2</sup>  
Benzphetamine  
Contrave<sup>2</sup>  
Diethylpropion  
Lomaira  
Phentermine  
Qsymia<sup>2</sup>  
Saxenda<sup>2</sup>  
Xenical

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