

# Free preventive prescriptions

## **MESSA ABC health plans include coverage for free preventive prescriptions**

MESSA ABC health plans include coverage for an extensive list of free preventive prescriptions that are covered at no charge to MESSA ABC members (no copayment and no deductible charge). This coverage gives members who enroll in MESSA ABC additional ways to stretch their health care dollars and helps them limit their out-of-pocket costs.

Given the rapidly changing prescription drug market, this list is frequently updated. This version is current as of May 11, 2017. For the most accurate and up-to-date listing, visit the MESSA ABC area at [messa.org](http://messa.org) or call MESSA's Member Service Center at 800.336.0013.

Preventive prescriptions that are covered for free under this MESSA ABC benefit include hundreds of generic and numerous "single-source" brand name drugs (single-source brand name drugs are drugs for which no generic options have been brought to market yet).

Covering these important preventive prescriptions helps keep down the cost of MESSA ABC. Making preventive services and preventive prescriptions more affordable (and in many cases, free) for patients means they are more likely to go see their doctor and follow their doctor's guidance. This helps MESSA members stay healthier and avoid higher cost services, such as emergency room visits and hospitalizations.

In order to be eligible for free preventive prescription coverage under this benefit, a prescription drug must be an FDA-approved drug therapy from one of the following standard preventive drug categories and it must be prescribed for the condition specified by the category:

- Alcohol dependence
- Breast cancer prevention
- Cholesterol-lowering agents
- Colonoscopy-related medications
- Contraceptives for women
- Fluoride preparations
- High blood pressure-lowering agents (Hypertension)
- Prenatal vitamins
- Smoking cessation
- Weight loss

## **IMPORTANT**

Because the prescription drug market changes rapidly, this list is updated frequently. This version is current as of May 11, 2017. For the most accurate and up-to-date listing, visit the MESSA ABC area at [messa.org](http://messa.org) or call MESSA's Member Service Center at 800.336.0013.



**Alcohol Dependence**

Acamprosate  
Disulfiram

**Aspirin<sup>1</sup>**

(generic OTC - 81 mg and 325 mg)

**Breast Cancer Prevention**

**Raloxifene<sup>2</sup>**

**Tamoxifen<sup>2</sup>**

**Cholesterol-lowering**

**Advicor<sup>2</sup>**

**Altoprev<sup>2</sup>**

Atorvastatin  
Atorvastatin/Amlodipine  
Cholestyramine  
Cholestyramine Light  
Colestipol  
Ezetimibe tablet  
Fenofibrate  
Fenofibric Acid  
Fenoglide  
Fluvastatin  
Fluvastatin ER  
Gemfibrozil  
Juvisync  
Lipofen  
**Livalo<sup>2</sup>**  
Lovastatin  
Lovaza  
Niacin ER  
Niacor  
Pravastatin  
Prevalite  
Rosuvastatin  
Simcor  
Simvastatin  
Triglide  
Trilipix  
**Vascepa<sup>2</sup>**  
**Vytorin<sup>2</sup>**  
Welchol

**Colonoscopy-related medications**

Polyethylene Glycol 3350 products  
(generics for Miralax®, Colyte®, Golytely®)  
Bisacodyl  
Magnesium Citrate  
Natura-Lax (generic for Miralax)  
Phosphate laxative

**Contraceptives**

Altavera  
Alyacen 7/7/7 -28  
Alyacen 1/35 -28  
Amethia  
Amethia Lo  
Amethyst  
Apri  
Aranelle  
Aviane  
Azurette  
Balziva  
Bekyree  
Blisovi FE  
Blisovi 24 FE  
Briellyn  
Camila  
Camrese  
Camrese Lo  
Caziant  
Cryselle  
Cyclafem 1/35  
Cyclafem 7/7/7  
Cyred  
Drospirenone-Ethinyl Estradiol  
Ella  
Emoquette  
Enpresse-28  
Errin  
Fayosim  
Gianvi  
Gildess FE  
Heather  
Introvale  
Jolessa  
Jolivette  
Juleber  
Junel  
Junel FE  
Kaitlib FE  
Kariva  
Kelnor 1/35  
Larissia-28  
Leena  
Lessina 28  
Levonorgestrel  
Levonorg-Eth Estrad  
Levora-28  
Loryna  
Low-Ogestrel 28  
Lutera  
Lyza  
Medroxyprogesterone (Injection)  
Microgestin  
Microgestin FE

Miebelas  
Mononessa  
My Way  
Necon  
Next Choice  
Nora-Be  
Norethindrone  
Norethindrone-Ethin Estradiol  
Norgestimate and Ethinyl Estradiol  
Norgestrel/Ethinyl Estradiol  
Nortrel  
Nuvaring  
Ocella  
Ogestrel-28  
Option 2 (new Plan B generic)  
Orsythia  
OTC Contraceptives (with a prescription)  
Ovral  
Portia 28  
Previfem  
Quasense  
React  
Reclipsen  
Rivelsa  
Setlakin  
Sprintec  
Sronyx  
Syeda  
Tilia FE  
Taytulla  
Tri-Legest FE 28  
Tri-Lo-Estarylla  
Tri-Lo-Marzia  
Tri-Lo-Sprintec  
Trinessa  
Trinessa Lo  
Tri-Previfem  
Tri-Sprintec 28  
Trivora-28  
Velivet  
Vienna  
Vyfemla 28  
Wymzya FE  
Xulane  
Zarah  
Zenchent  
Zenchent FE  
Zeosa  
Zovia

**Fluoride Preparations**

Clinpro 5000  
Denta 5000 Plus  
Dentagel  
Ethedent

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<sup>2</sup>Medication requires prior authorization before being covered as free preventive.

Fluor-a-Day  
Fluoride  
Fluoridex daily defense  
Fluoritab  
Flura-Drops  
Prevent 5000  
Prevent 5000 Enamel Protect  
Prevent 5000 Sensitive  
SF 5000 Plus  
Sodium Fluoride  
Stannous Fluoride

**Folic Acid<sup>1</sup>**

(generic only - 0.4 mg and 0.8 mg)

**Hypertension**

Acebutolol  
Afedital CR  
Aldactazide 50/50  
Amiloride  
Amiloride/Hydrochlorothiazide (HCTZ)  
Amlodipine  
Amlodipine/Benazepril  
Amlodipine-Olmesartan  
Amlodipine/Valsartan  
Amlodipine/Valsartan-HCTZ  
Atenolol  
Atenolol/Chlorthalidone  
Benazepril  
Benazepril/Hydrochlorothiazide (HCTZ)  
Betaxolol  
Bisoprolol  
Bisoprolol/Hydrochlorothiazide (HCTZ)  
Bumetanide  
Bystolic  
Candesartan  
Candesartan/Hydrochlorothiazide (HCTZ)  
Captopril  
Captopril/Hydrochlorothiazide (HCTZ)  
Cardene SR  
Cardura XL  
Cartia XT  
Carvedilol  
Chlorothalidone  
Chlorothiazide  
Clonidine  
Clorpres  
Coreg CR  
Demser  
Dibenzyliline  
Dilt-CD

Diltiazem  
Diltiazem 24 ER  
Diltiazem ER  
Dilt-XR  
Diltzac ER  
Diuril  
Doxazosin  
Dutoprol  
Dyrenium  
Edarbi  
Edarbyclor  
Enalapril  
Enalapril/Hydrochlorothiazide (HCTZ)  
Eplerenone  
Eprosartan  
Ethacrynic Acid  
Felodipine ER  
Fosinopril  
Fosinopril/Hydrochlorothiazide (HCTZ)  
Furosemide  
Guanabenz  
Guanfacine  
Hydralazine  
Hydrochlorothiazide (HCTZ)  
Indapamide  
Inderal LA  
Innopran XL  
Irbesartan  
Irbesartan/Hydrochlorothiazide (HCTZ)  
Isradipine  
Labetalol  
Levatol  
Lisinopril  
Lisinopril/Hydrochlorothiazide (HCTZ)  
Losartan  
Losartan HCT  
Matzim LA  
Methyclothiazide  
Methyldopa  
Methyldopa/Hydrochlorothiazide (HCTZ)  
Metolazone  
Metoprolol Succinate  
Metoprolol Tartrate  
Metoprolol/Hydrochlorothiazide (HCTZ)  
Minoxidil  
Moexipril  
Moexipril/Hydrochlorothiazide (HCTZ)  
Nadolol  
Nadolol/Bendroflumethiazide  
Nicardipine  
Nifediac CC

Nifedical XL  
Nifedipine  
Nifedipine ER  
Nimodipine  
Nisoldipine  
Olmesartan-Amlodipine-Hctz  
Olmesartan-Hctz  
Olmesartan Medoxomil  
Perindopril  
Pindolol  
Prazosin  
Propranolol  
Propranolol/Hydrochlorothiazide (HCTZ)  
Qbrelis 1 mg/ml solution  
Quinapril  
Quinapril/Hydrochlorothiazide (HCTZ)  
Ramipril  
Reserpine  
Sorine  
Sotalol  
Sotalol AF  
Spironolactone  
Spironolactone/Hydrochlorothiazide (HCTZ) 25/25  
Tarka  
Taztia XT  
Tekturna  
Tekturna HCT  
Telmisartan  
Telmisartan/Hydrochlorothiazide (HCTZ)  
Terazosin  
Teveten (except 600 mg)  
Teveten HCT  
Timolol  
Torseamide  
Trandolapril  
Trandolapril/Verapamil  
Triamterene/Hydrochlorothiazide (HCTZ)  
Twynsta  
Valsartan  
Valsartan/Hydrochlorothiazide (HCTZ)  
Verapamil  
Verapamil ER

**Prenatal Vitamins**

Atabex  
Cadeau DHA  
Cal-Nate  
Citranatal 90 DHA

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Citranatal Assure  
Citranatal DHA  
Citranatal Rx  
Complete Natal DHA  
Completenate  
Complete-RF Prenatal  
Duet DHA  
Duet DHA EC  
Duet DHA with Ferrazone  
Elite-OB  
Folbecal  
Folcaps Care One  
Folinatal Plus B  
Gentex Ade  
Gesticare DHA  
Inatal Advance  
Inatal Ultra  
Kosher Prenatal Plus Iron tablet  
Marnatal-F Plus  
M-Vit  
Mynatal  
Mynatal Advance  
Mynatal Plus  
Mynatal-Z  
Natachew  
Natafort  
Natelle One  
Natelle-EZ  
Nestabs  
Nexa Select  
Nutrinate  
OB Complete  
OB Complete 400  
OB Complete DHA  
OB Complete Gold  
OB Complete One  
OB-Natal One  
Obtrex  
Obtrex DHA  
O-Cal FA  
O-Cal Prenatal  
Omega 3  
Omega-3 Acid Ethyl Esters  
Omega-3 + Vitamin D3  
Optinate  
Paire OB Plus DHA  
PNV 29-1  
PNV-DHA  
PNV-DHA + Ducosate  
PNV-DHA Plus  
PNV-Iron  
PNV-Omega  
PNV-Select

PNV-Total  
Precare Premier  
Prefera-OB  
Prefera-OB One  
Prefera-OB plus DHA  
Prenaplus  
Prenatabs FA  
Prenatabs Rx  
Prenatal 19  
Prenatal AD  
Prenatal Low Iron  
Prenatal Multivitamin with Iron  
Prenatal Plus  
Prenatal Plus – DHA  
Prenatal Rx 1  
Prenatal U  
Prenate DHA  
Prenate Elite  
Prenate Essential  
Preplus  
Preque 10  
Primacare  
PR Natal 400  
PR Natal 400 – EC  
PR Natal 430  
PR Natal 430 EC  
Select-OB + DHA  
SE-Natal 19  
Setonet  
Setonet-EC  
Taron BC  
Taron-C DHA  
Taron Prex Prenatal  
Theranatal One  
Thrivite Rx  
Triadvance  
Tricare Prenatal chewable tablet  
Tricare Prenatal One  
Trimesis Rx  
Trinatal Rx 1  
Trinate  
Triveen Duo DHA  
Triveen 1  
Triveen-PRX – RNF  
Triveen Ten  
UltimateCare One  
UltimateCare One NF  
Ultra Natalcare  
Venatal-FA  
Vinate AZ  
Vinate Calcium  
Vinate Care  
Vinate GT

Vinate IC  
Vinate II  
Vinate One  
Vinate PN Care  
Vinate Ultra  
Vinate-M  
Virt-Nate  
Virt-Nate DHA  
Virt-PN  
Virt-PN DHA  
Vitafof-FE+  
Vitafof-OB  
Vitafof-OB+DHA  
Vitaspire  
Vol-Nate  
Vol-Plus  
Vol-Tab-Rx  
VP-CH-PNV  
VP-Heme OB  
VP-PNV-DHA  
Zatean CH  
Zatean-PN  
Zatean-PN – DHA  
Zatean-PN – Plus

### Smoking Cessation Products<sup>1</sup>

Buproban (generic Zyban 150 mg only)  
Bupropion ER/SR  
(generic Zyban 150 mg only)  
Chantix  
Nicotine OTC Patches and Gum  
Nicotrol  
Nicotrol NS

**Vitamin D<sup>1</sup>** (1000 units or less)  
(generic only)

### Weight Loss Products

Belviq<sup>2</sup>  
Belviq XR<sup>2</sup>  
Benzphetamine  
Contrave<sup>2</sup>  
Diethylpropion  
Lomaira  
Phendimetrazine  
Phentermine  
Qsymia<sup>2</sup>  
Saxenda<sup>2</sup>  
Suprenza<sup>2</sup>  
Xenical

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