



Breast pump coverage

All MESSA plans cover one breast pump per birth, with some restrictions depending on your plan. Before purchasing, you will need a prescription from your physician. The pump may be electric or manual.

MESSA ABC and MESSA Choices

With a MESSA ABC or Choices plan, you have two options: You can purchase a pump from a retail or online store, or you can obtain a breast pump from a qualified durable medical equipment (DME) supplier that participates with Blue Cross Blue Shield of Michigan (BCBSM).

At an online or retail store, you will pay upfront for the breast pump and submit your bill to MESSA for reimbursement. MESSA will cover up to \$300 of the cost for a breast pump and supplies. Sales tax and shipping costs are not reimbursable.

At a qualified DME supplier, ask which breast pump options are available at no cost to you. Certain pumps are covered 100% with no out-of-pocket cost. The supplier will bill MESSA directly. However, if you go to a DME supplier that does not participate with BCBSM, you may have to pay additional charges to the supplier and you will have to submit a receipt to MESSA for reimbursement up to \$300.

Reimbursement

Mail a copy of your receipt or invoice and your physician's prescription to:

MESSA

Attn: Member Services claims

P.O. Box 2560 , East Lansing, MI 48826-2560

MESSA Balance+ and Essentials by MESSA

With MESSA Balance+ or Essentials by MESSA, you can obtain a breast pump at no cost from a durable medical equipment (DME) supplier that is qualified by Blue Cross Blue Shield of Michigan. Ask the supplier which pump options are covered at 100% by MESSA with no out-of-pocket cost to you.

If you need help finding a qualified DME in your area or have any other questions, call MESSA's Member Service Center at 800-336-0013. You can also connect with us via live chat in your MyMESSA account or the MESSA app.



Breastfeeding support

MESSA ABC and Choices: Two visits per year with a lactation consultant for breastfeeding support and counseling are covered, with no cost to the member. Alternately, two visits a year with an MD or DO for breastfeeding counseling are covered, with no cost to the member.

MESSA Balance+ and Essentials by MESSA: Two visits per year with an MD or DO for breastfeeding support and counseling are covered, with no cost to the member. Counseling with a lactation consultant is not covered.

Questions?

Call MESSA's Member Service Center at 800-336-0013.