

Free Preventive Drug Coverage*

Most MESSA plans cover medications in the drug categories listed below with no member cost share, subject to age and gender requirements. In some cases, special rules for dispensing also apply. **All medications require a prescription from your doctor, including covered over-the-counter (OTC) medications.**

This listing is subject to change. For the most up-to-date information, visit messa.org or call **MESSA's East Lansing-based Member Service Center at 800.336.0013.**

Covered Medications (A prescription is required for all)	Age and Gender Requirements
Aspirin – Generic OTC - 81 mg and 325 mg	To prevent cardiovascular events in men ages 45 to 79 and women ages 55 to 79
Breast Cancer Prevention – Generic Tamoxifen and generic Raloxifene	For primary prevention of breast cancer in high-risk women age 35 years or older (special rules apply)
Cardiovascular Disease Prevention – low-to-moderate dose statins <ol style="list-style-type: none"> 1. Atorvastatin (generic for Lipitor®) – less than or equal to 20 mg 2. Fluvastatin (generic for Lescol®/XL) – less than or equal to 80 mg 3. Lovastatin (generic for Mevacor®) – less than or equal to 40 mg 4. Pravastatin (generic for Pravacho®) – less than or equal to 80 mg 5. Rosuvastatin (generic for Crestor®) – less than or equal to 10 mg 6. Simvastatin (generic for Zocor®) – less than or equal to 40 mg 	Generic only For men and women ages 40 to 75 years (quantity limits may apply)
Colonoscopy-related medications <ol style="list-style-type: none"> 1. Polyethylene Glycol 3350 products (generics for Miralax®, Colyte®, Golytely®) 2. Bisacodyl 3. Magnesium citrate 4. Phosphate laxative 	Men and women ages 50 to 75 years
Fluoride – Generic prescription products - 0.25 mg and 0.5 mg drops and tablets	Children 6 months through 5 years
Folic Acid – Generic OTC products - 0.4 mg and 0.8 mg	Women only
Smoking Cessation Support – Generic OTC patches, gum and lozenges; specific prescription medications	Adults age 18 and older (special rules apply)
Women's Contraceptive Coverage <ol style="list-style-type: none"> 1. Barrier contraception – i.e., caps, diaphragms 2. Hormonal contraception – oral, transdermal, intravaginal, injectable (generic) 3. Emergency contraception 4. Implantable medications 5. Intrauterine contraception 6. OTC contraceptives 	Women only

*MESSA ABC plans include a more extensive list of free preventive medications. To view the list, visit messa.org/MESSAABCs.

