

# Mandatory mail prescription rider

## Overview

- ▶ Home delivery saves you time and money. Adding a mandatory mail rider to an existing plan can reduce the total medical premium by over 1 percent.
  - Free standard shipping; rush delivery is available for additional cost to you
  - The overall cost of medications from Express Scripts is less than retail, which helps lower costs for you and your health plan
  - You can obtain up to a 90-day supply
  - 24/7 access to a pharmacist from the privacy of your home
- ▶ With mandatory mail, you must obtain most long-term maintenance medications from the Express Scripts Pharmacy and your medication(s) will be delivered to your home. The list of drugs subject to mandatory mail order is located at [messa.org](http://messa.org).
- ▶ For MESSA Choices: If your medication is on the list, you must sign up for home delivery of long-term maintenance medications to avoid paying 100 percent of the cost of the prescription.
- ▶ For MESSA ABC: If your medication is on the list, you must sign up for home delivery of long-term maintenance medications to avoid paying 100 percent of the cost after your deductible.
- ▶ You cannot obtain a 90-day prescription of any medication from a retail pharmacy. This includes free preventive prescriptions. If you fill a 90-day prescription for a medication on the free preventive list at a retail pharmacy you will pay 100 percent of the cost.
- ▶ Express Scripts and Walgreens Specialty Pharmacy do not accept manufacturer coupons toward the cost of prescriptions or Rx copayments obtained through their mail order pharmacies.
- ▶ Adults on your plan will need to create their own Express Scripts account at [express-scripts.com](http://express-scripts.com), and authorize you to order prescriptions for them.
- ▶ Specialty drugs are limited to certain quantities depending on your plan and must be obtained from a retail pharmacy or Walgreens Specialty Pharmacy.
- ▶ If your doctor prescribes a short-term medication, such as an antibiotic, you will still obtain it locally from a retail pharmacy.

## Follow these steps to get started with Express Scripts home delivery:

### Step 1

Go to [messa.org](http://messa.org) and click on "Rx home delivery." Log in to your MESSA member account and you will be taken to Express Scripts. Review your prescriptions subject to mandatory mail order and transfer them to Express Scripts home delivery.

### Step 2

You may need to contact your doctor or schedule an appointment to get a new prescription for a specific medication. To maximize your savings, ask your doctor to submit an e-prescription in 90-day increments.

### Step 3

For prescriptions for your dependents, your account will include children under 18. Adults covered by your plan will need to register with Express Scripts separately, and authorize you to view and order prescriptions for them if desired.

**Questions? We're here to help. Call MESSA's Member Service Center at 800.336.0013.**