

MESSA ABC & MESSA Balance+

Free preventive prescriptions

MESSA ABC and MESSA Balance+ plans include an extensive list of free preventive prescriptions that are covered at no charge — no deductible, no copayment and no coinsurance. This helps MESSA members stretch their health care dollars and limit out-of-pocket costs.

In order to be included on the free preventive prescription list, a medication must fall under one of the following categories:

- Alcohol dependence
- Blood pressure-lowering agents
- Breast cancer prevention
- Prenatal vitamins
- Cholesterol-lowering agents
- Pre-Exposure Prophylaxis (PrEP) for HIV
- Colonoscopy-related medications
- Smoking cessation
- Contraceptives
- Weight loss
- Fluoride preparations

Taking advantage of MESSA's free preventive services and prescriptions is an important part of maintaining good health — and it could help avoid higher-cost services such as emergency room visits and hospitalizations.

If you have any questions, call MESSA's Member Service Center at 800-336-0013; we'd be happy to help you.

IMPORTANT

This list is frequently updated to keep pace with the rapidly changing prescription drug market. This version is current as of **April 8, 2026**. MESSA ABC and MESSA Balance+ members can view our most up-to-date list on messa.org/FreeRx.

MESSA ABC & MESSA Balance+

Free preventive prescriptions

Alcohol dependence

Acamprosate
Disulfiram

Aspirin - for diagnosis of preeclampsia

Aspirin 81mg

Breast Cancer Prevention²

Anastrozole²
Exemestane²
Raloxifene²
Tamoxifen²

Cholesterol Lowering

Amlodipine-Atorvastatin
Atorvastatin
Cholestyramine
Cholestyramine Light
Colesevelam
Colestipol hcl
Ezetimibe
Ezetimibe-Simvastatin
Fenofibrate
Fenofibrate, micronized
Fenofibrate, nanocrystallized
Fenofibric acid
Gemfibrozil
Icosapent ethyl
Lovastatin
Niacin ER
Omega-3 acid ethyl esters
Pravastatin Sodium
Prevalite
Rosuvastatin Calcium
Simvastatin

Colonoscopy-related Medications¹

Polyethylene Glycol 3350 products
(generics for Miralax¹, Colyte¹, Golytely¹)
Bisacodyl
Laxaclear *(generic for Miralax)*
Magnesium Citrate
Natura-Lax *(generic for Miralax)*
Phosphate laxative

Contraceptives

Afirmelle
Aftera
Altavera
Alyacen 1/35-28

Alyacen 7/7/7-28
Amethyst
Apri
Aranelle
Ashlyna
Aubra
Aubra Eq
Aurovela
Aurovela 24 FE
Aurovela FE
Aviane
Ayuna
Azurette
Balziva
Blisovi 24 Fe
Blisovi Fe
Briellyn
Camila
Camrese
Camrese Lo
Caya
Charlotte 24 Fe
Chateal
Chateal Eq
Cryselle
Cyred Eq
Dasetta 1/35-28
Dasetta 7/7/7-28
Daysee
Deblitane
Delya
Desogestrel-Ethinyl Estradiol
Desogestr-Eth Estrad Eth Estra
Dolishale
Drospirenone-Eth Estra-Levomef
Drospirenone-Ethinyl Estradiol
Econtra One-Step
Elinest
Ella
Eluryng
Emzahn
EnilloRing
Enskyce
Errin
Estarylla
Ethinodiol-Ethinyl Estradiol
Etonogestrel-Ethinyl E
Falmina
Feirza
Femcap
Finzala
Galbriela

Gemmily capsule
Gianvi
Hailey
Hailey 24 Fe
Hailey FE
Heather
Her Style
Iclevia
Incassia
Introvale
Isibloom
Jaimiess tablet
Jasmiel
Jencycla
Jolessa
Joyeaux
Juleber
Junel
Junel Fe
Junel Fe 24
Kaitlib Fe
Kalliga
Kariva
Kelnor 1-35
Kurvelo
Larin
Larin 24 Fe
Larin Fe
Layolis Fe
Lessina
Levonest
Levonorgestrel
Levonorgestrel-Eth Estradiol
Levonorg-Eth Estrad Eth Estrad
Lojaimiess tablet
Loryna
Low-Ogestrel
Lo-Zumandimine
Luizza
Lutera
Lyleq
Lyza
Marlissa
Medroxyprogesterone acetate
Meleya
Mibelas 24
Mibelas 24 Fe
Microgestin Fe
Mili
Minzoya
Mono-Linyah
Necon

¹Certain age and/or gender requirements apply. If you have questions about your eligibility for this coverage, call our Member Service Center at 800-336-0013. ²Medications require prior authorization before being covered as free preventive.

MESSA ABC & MESSA Balance+

Free preventive prescriptions

New Day
 Next Choice One Dose
 Nikki
 Nora-Be
 Norelgestromin-Ethinyl Estradiol
 Norethindrone
 Norethindron-Ethinyl Estradiol
 Norethin-Eth Estra-Ferrous Fum
 Norgestimate-Ethinyl Estradiol
 Norgestrel-Ethinyl Estra
 Norlyroc
 Nortel
 Nortel 7/7/7-28
 Nylia
 Opcicon One-Step
 Option 2
 Orquidea
 Phexxi®
 Philith
 Pimtree
 Portia
 React
 Reclipsen
 Rivelsa
 Rosyrah
 Setlakin
 Sharobel
 Shewise
 Simliya
 Simpesse
 Sprintec
 Sronyx
 Syeda
 Take Action
 Tarina 24 FE
 Tarina Fe
 Tarina Fe 1-20 Eq
 Taysofy
 Tilia Fe
 Tri-Estarylla
 Tri-Legest Fe
 Tri-Linyah
 Tri-Lo-Estarylla
 Tri-Lo-Marzia
 Tri-Lo-Mili
 Tri-Lo-Sprintec
 Tri-Mili
 Tri-Sprintec
 Trivora-28
 Tri-Vylibra
 Tri-Vylibra Lo
 Turqoz

Tydemyl
 Valtia
 Velivet
 Vestura
 Vienna
 Viorele
 Volnea tablet
 Vyfemla
 Vylibra
 Wide-Seal
 Wera
 Wymzya Fe
 Xarah FE
 Xulana
 Zafemy
 Zarah
 Zumandimine

Contraceptives - over-the-counter products

Nonoxynol-9 vaginal sponge (Today®)
 Nonoxynol-9 vaginal foam 12.5% (VCF®)
 Nonoxynol-9 vaginal 3% gel (Gynol II®)
 Nonoxynol-9 vaginal 4% gel (Conceptrol®)
 Nonoxynol-9 vaginal 28% medicated film (VCF®)
 Female condom (FC®, FC2®)
 Male condom
 Trojan
 Trojan-Enz Lubricate
 Trojan-Enz w/Spermi
 Trojan Magn
 Trojan Ultra-Thin
 Trojan-Enz Lubricate
 Trojan-Enz w/Spermi
 True Cover condom

Fluoride Preparations

Fluoride
 SF
 SF 5000 Plus
 Sodium Fluoride cream
 Sodium Fluoride paste

Folic Acid¹

(generic only – 0.4 mg and 0.8 mg)

Hypertension

Acebutolol
 Aliskiren

Amiloride
 Amiloride/HCTZ
 Amlodipine
 Amlodipine/Benazepril
 Amlodipine/Olmesartan
 Amlodipine/Valsartan
 Amlodipine/Valsartan/HCTZ
 Atenolol
 Atenolol/Chlorthalidone
 Benazepril
 Benazepril/HCTZ
 Betaxolol
 Bisoprolol
 Bisoprolol/HCTZ
 Bumetanide
 Candesartan
 Candesartan/HCTZ
 Captopril
 Captopril/HCTZ
 Cartia XT
 Carvedilol
 Carvedilol Phosphate
 Chlorothiazide
 Chlorthalidone
 Clonidine
 Diltiazem
 Diltiazem CD
 Diltiazem ER
 Dilt-XR
 Doxazosin
 Enalapril
 Enalapril/HCTZ
 Eplerenone
 Ethacrynic acid
 Felodipine
 Fosinopril
 Fosinopril/HCTZ
 Furosemide
 Guanfacine
 HCTZ
 Hydralazine
 Indapamide
 Irbesartan
 Irbesartan/HCTZ
 Isradipine
 Labetalol
 Lisinopril
 Lisinopril/HCTZ
 Losartan
 Losartan/HCTZ
 Matzim LA
 Methyldopa
 Metolazone

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Metoprolol/HCTZ
 Metoprolol tartrate
 Minoxidil
 Moexipril
 Nadolol
 Nebivolol
 Nebivolol Hcl Nicardipine
 Nifedipine
 Nifedipine ER
 Nimodipine
 Nisoldipine
 Olmesartan
 Olmesartan/Amlodipine/HCTZ
 Olmesartan/HCTZ
 Perindopril
 Phenoxybenzamine
 Pindolol
 Prazosin
 Propranolol
 Propranolol ER
 Quinapril
 Quinapril/HCTZ
 Ramipril
 Sotalol
 Sotalol AF
 Spironolactone
 Spironolactone/HCTZ
 Taztia XT
 Telmisartan
 Telmisartan/Amlodipine
 Telmisartan/HCTZ
 Terazosin
 TiadyIt ER
 Timolol
 Toremide
 Trandolapril
 Trandolapril/Verapamil
 Triamterene
 Triamterene/HCTZ
 Valsartan
 Valsartan/HCTZ
 Verapamil
 Verapamil ER

Prenatal Vitamins

PNV 27
 Prenatal 19 chw 29-1mg
 Prenatal 19 chw tab
 Prenatal tab 27-1 mg
 Prenatal tab plus
 Prenatal vit tab low iron
 Preplus tab 27-1 mg
 Virt-C DHA cap

Pre-Exposure Prophylaxis (PrEP) for HIV

Descovy 200/25mg²
 Emtricitabine200mg/Tenofovir300 mg²

Smoking Cessation Products¹

Bupropion ER/SR
(generic Zyban 150 mg only)
 Chantix²
 Nicotine OTC Patches and Gum
 Nicotrol²
 Nicotrol NS²

Weight Loss Products

Diethylpropion hcl
 Diethylpropion hcl Er
 Phendimetrazine tartrate
 Phentermine hcl
 Phentermine-Topiramate²

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