

Free preventive prescriptions

MESSA ABC health plans include coverage for free preventive prescriptions

MESSA ABC health plans include coverage for an extensive list of free preventive prescriptions that are covered at no charge to MESSA ABC members (no deductible, copayment or coinsurance). This coverage gives members who enroll in MESSA ABC additional ways to stretch their health care dollars and helps them limit their out-of-pocket costs.

Given the rapidly changing prescription drug market, this list is frequently updated. This version is current as of March 18, 2019. For the most accurate and up-to-date listing, visit the MESSA ABC area at messa.org or call MESSA's Member Service Center at 800.336.0013.

Preventive prescriptions that are covered for free under this MESSA ABC benefit include hundreds of generic and numerous "single-source" brand name drugs (single-source brand name drugs are drugs for which no generic options have been brought to market yet).

Covering these important preventive prescriptions helps keep down the cost of MESSA ABC. Making preventive services and preventive prescriptions more affordable (and in many cases, free) for patients means they are more likely to go see their doctor and follow their doctor's guidance. This helps MESSA members stay healthier and avoid higher cost services, such as emergency room visits and hospitalizations.

In order to be eligible for free preventive prescription coverage under this benefit, a prescription drug must be an FDA-approved drug therapy from one of the following standard preventive drug categories and it must be prescribed for the condition specified by the category:

- Alcohol dependence
- Breast cancer prevention
- Cholesterol-lowering agents
- Colonoscopy-related medications
- Contraceptives for women
- Fluoride preparations
- High blood pressure-lowering agents (Hypertension)
- Prenatal vitamins
- Smoking cessation
- Weight loss

IMPORTANT

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Alcohol Dependence

Acamprosate
Disulfiram

Aspirin¹

(generic OTC – 81 mg and 325 mg)

Breast Cancer Prevention

Raloxifene²

Tamoxifen²

Cholesterol-lowering

Atoprev²

Atorvastatin
Atorvastatin/Amlodipine
Cholestyramine
Cholestyramine Light
Colestipol
Ezetimibe-Simvastatin
Ezetimibe tablet
Fenofibrate
Fenofibric Acid
Fluvastatin
Fluvastatin ER
Gemfibrozil
Lipofen
Livalo²
Lovastatin
Niacin ER
Niacor
Omega-3 Acid Ethyl Esters
Pravastatin
Prevalite
Rosuvastatin
Simvastatin
Triglide
Triko
Vascepa²
Welchol

Colonoscopy-related medications¹

Polyethylene Glycol 3350 products
(generics for Miralax®, Colyte®,
Golytely®)
Bisacodyl
Laxaclear (generic for Miralax)
Magnesium Citrate
Natura-Lax (generic for Miralax)
Phosphate laxative

Contraceptives

Altavera
Alyacen 7/7/7 -28
Alyacen 1/35 -28
Amethia
Amethia Lo
Amethyst
Apri
Aranelle
Aviane
Azurette
Balziva
Bekyree
Blisovi FE
Blisovi 24 FE
Briellyn
Camila
Camrese
Camrese Lo
Caziant
Cryselle
Cyclafem 1/35
Cyclafem 7/7/7
Cyred
Drospirenone-Ethinyl Estradiol
Ella
Emoquette
Enpresse-28
Errin
Fayosim
Gianvi
Hailey 24 Fe
Heather
Introvale
Jasmiel
Jolessa
Jolivette
Juleber
Junel
Junel FE
Kaitlib FE
Kariva
Kelnor 1/35
Larissia-28
Leena
Lessina 28
Levonorgestrel
Levonorg-Eth Estrad
Levora-28
Lillow
Loryna
Low-Ogestrel 28
Lutera
Lyza

Medroxyprogesterone (Injection)
Microgestin
Mononessa
My Choice tablet
My Way
Necon
Next Choice
Nora-Be
Norethindrone
Norethindrone-Ethin Estradiol
Norgestimate and Ethinyl Estradiol
Norgestrel/Ethinyl Estradiol
Norlyda .35 mg tablet
Nortrel
Nuvaring
Ocella
Ogestrel-28
Option 2
Orsythia
OTC Contraceptives (with a prescription)
Ovral
Portia 28
Previfem
Quasense
Reclipsen
Rivelsa
Setlakin
Sprintec
Sronyx
Syeda
Tilia FE
Taytulla
Tri Femynor 28 tablet
Tri-Legest FE 28
Tri-Lo-Estarylla
Tri-Lo-Marzia
Tri-Lo-Sprintec
Trinessa
Trinessa Lo
Tri-Previfem
Tri-Sprintec 28
Trivora-28
Tri-Vylibra
Tydemy
Velivet
Vienna
Vyfemla 28
Vylibra
Wymzya FE
Xulane
Zarah
Zenchent
Zovia

¹Certain age and gender requirements apply. If you have questions about your eligibility for this coverage, call our Member Service Center at 800.336.0013.

²Medication requires prior authorization before being covered as free preventive.

Fluoride Preparations

Clinpro 5000
Denta 5000 Plus
Dentagel
Ethedent
Fluoride
Fluoridex daily defense
Fluoritab
Prevident 5000
Prevident 5000 Enamel Protect
Prevident 5000 Sensitive
SF 5000 Plus
Sodium Fluoride

Folic Acid¹

(generic only – 0.4 mg and 0.8 mg)

Hypertension

Acebutolol
Afeditab CR
Aldactazide 50/50
Amiloride
Amiloride/Hydrochlorothiazide (HCTZ)
Amlodipine
Amlodipine/Benazepril
Amlodipine-Olmesartan
Amlodipine/Valsartan
Amlodipine/Valsartan-HCTZ
Atenolol
Atenolol/Chlorthalidone
Benazepril
Benazepril/Hydrochlorothiazide (HCTZ)
Betaxolol
Bisoprolol
Bisoprolol/Hydrochlorothiazide (HCTZ)
Bumetanide
Bystolic
Candesartan
Candesartan/Hydrochlorothiazide (HCTZ)
Captopril
Captopril/Hydrochlorothiazide (HCTZ)
Cardene SR
Cardura XL
Cartia XT
Carvedilol
Chlorothiazide
Clonidine
Clorpres
Coreg CR
Demser

Dilt-CD
Diltiazem
Diltiazem 24 ER
Diltiazem ER
Dilt-XR
Diuril
Doxazosin
Dutoprol
Dyrenium
Edarbi
Edarbyclor
Enalapril
Enalapril/Hydrochlorothiazide (HCTZ)
Eplerenone
Eprosartan
Ethacrynic Acid
Felodipine ER
Fosinopril
Fosinopril/Hydrochlorothiazide (HCTZ)
Furosemide
Guanfacine
Hydralazine
Hydrochlorothiazide (HCTZ)
Indapamide
Innopran XL
Irbesartan
Irbesartan/Hydrochlorothiazide (HCTZ)
Isradipine
Labetalol
Lisinopril
Lisinopril/Hydrochlorothiazide (HCTZ)
Losartan
Losartan HCT
Matzim LA
Methyclothiazide
Methyldopa
Methyldopa/Hydrochlorothiazide (HCTZ)
Metolazone
Metoprolol Succinate
Metoprolol Tartrate
Metoprolol/Hydrochlorothiazide (HCTZ)
Minoxidil
Moexipril
Moexipril/Hydrochlorothiazide (HCTZ)
Nadolol
Nadolol/Bendroflumethiazide
Nicardipine
Nifediac CC
Nifedipine
Nifedipine ER
Nimodipine

Nisoldipine
Olmesartan-Amlodipine-Hctz
Olmesartan-Hctz
Olmesartan Medoxomil
Perindopril
Phenoxybenzamine HCL 10 mg cap
Pindolol
Prazosin
Propranolol
Propranolol/Hydrochlorothiazide (HCTZ)
Qbrelis 1 mg/ml solution
Quinapril
Quinapril/Hydrochlorothiazide (HCTZ)
Ramipril
Reserpine
Sorine
Sotalol
Sotalol AF
Spironolactone
Spironolactone/Hydrochlorothiazide (HCTZ) 25/25
Taztia XT
Tekturna
Tekturna HCT
Telmisartan
Telmisartan/Hydrochlorothiazide (HCTZ)
Terazosin
Timolol
Torsemide
Trandolapril
Trandolapril/Verapamil
Triamterene/Hydrochlorothiazide (HCTZ)
Valsartan
Valsartan/Hydrochlorothiazide (HCTZ)
Verapamil
Verapamil ER

Prenatal Vitamins

Atabex
Cadeau DHA
Citranatal 90 DHA
Citranatal Assure
Citranatal DHA
Citranatal Rx
Complete Natal DHA
Completenate
Duet DHA
Duet DHA EC
Elite-OB

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Kosher Prenatal Plus Iron tablet
Marnatal-F Plus
Mynatal
Mynatal Advance
Mynatal Plus
Mynatal-Z
Natachew
Natelle One
Nestabs
OB Complete
OB Complete 400
OB Complete DHA
OB Complete Gold
OB Complete One
Obtrex DHA
O-Cal FA
O-Cal Prenatal
Omega 3
Omega-3 Fish oil Vit D3
Omega-3 + Vitamin D3
PNV 29-1
PNV-DHA
PNV-DHA + Ducosate
PNV-DHA Plus
PNV-Iron
PNV-Omega
PNV-Select
PNV-Total
Prefera-OB
Prefera-OB One
Prefera-OB plus DHA
Prenatabs FA
Prenatabs Rx
Prenatal 19
Prenatal Low Iron
Prenatal Multivitamin with Iron
Prenatal Plus
Prenatal Plus – DHA

Prenate DHA
Preplus
Primacare
PR Natal 400
PR Natal 400 EC
PR Natal 430
PR Natal 430 EC
Select-OB + DHA
SE-Natal 19
Taron-C DHA
Taron Prex Prenatal
Theranatal One
Thrivite Rx
Triadvance
Tricare Prenatal chewable tablet
Trinatal Rx 1
Trinate
Triveen Duo DHA
Triveen 1
Triveen-PRX – RNF
UltimateCare One
UltimateCare One NF
Vinate Care
Vinate II
Vinate One
Vinate-M
Virt-Nate
Virt-Nate DHA
Virt-PN
Virt-PN DHA
Vitafole-FE+
Vitafole-OB
Vitafole-OB+DHA
Vol-Nate
Vol-Plus
Vol-Tab-Rx
VP-CH-PNV
VP-Heme OB

VP-PNV-DHA
Zatean CH
Zatean-PN – DHA
Zatean-PN – Plus

Smoking Cessation Products¹

Bupropion ER/SR
(generic Zyban 150 mg only)
Chantix
Nicotine OTC Patches and Gum
Nicotrol
Nicotrol NS

Weight Loss Products

Belviq²
Belviq XR²
Benzphetamine
Contrave²
Diethylpropion
Lomaira
Phentermine
Qsymia²
Saxenda²
Xenical

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