

# Services requiring mandatory prior authorization

The tables that follow are not all-inclusive lists of procedures and services that require prior authorization. For more information, visit [messa.org/PriorAuthorization](https://messa.org/PriorAuthorization).

## Behavioral Health Services

*(mental health and substance use disorders)*

Procedure or service	Is prior authorization required?	Who makes the determination?
Inpatient, residential or partial hospital (non-participating facility)	Yes	MESSA. Submit request through the MESSA <b>provider portal</b> . Refer to the MESSA <b>Prior Authorization</b> page.
Inpatient, residential or partial hospital (participating facility)	Yes	Blue Cross Behavioral Health. Refer to Blue Cross Blue Shield of Michigan <b>Behavioral Health</b> page.
Intensive outpatient treatment	No	N/A
Outpatient autism services (applied behavior analysis)	Yes	Blue Cross Behavioral Health. Refer to Blue Cross Blue Shield of Michigan <b>Autism</b> page.
Outpatient TMS	Yes	Blue Cross Behavioral Health. Refer to Blue Cross Blue Shield of Michigan <b>Behavioral Health</b> page.
Routine outpatient therapy in clinic or provider office	No	N/A
Subacute detox (non-participating facility)	Yes	MESSA. Submit request through the MESSA <b>provider portal</b> . Refer to the MESSA <b>Prior Authorization</b> page.
Subacute detox (participating facility)	Yes	Blue Cross Behavioral Health. Refer to Blue Cross Blue Shield of Michigan <b>Behavioral Health</b> page.

## Non-Behavioral Health Services

Procedure or service	Is prior authorization required?	Who makes the determination?
Air ambulance	Yes	<b>Alacura</b> Medical Transport Management, for non-emergency flights only. Refer to Blue Cross Blue Shield of Michigan <b>Air Ambulance</b> page.
Cardiology (See also: Echocardiology)	Yes	Carelon Medical Benefits Management. Refer to the Blue Cross Blue Shield of Michigan <b>Cardiology Services</b> page.
Chiropractic services	No	N/A
Durable medical equipment	No	N/A
Echocardiology (See also: Cardiology)	Yes	Carelon Medical Benefits Management. Refer to the Blue Cross Blue Shield of Michigan <b>Cardiology Services</b> page.
Genetic and molecular testing	No	N/A
Home health care services	No	N/A
Inpatient admissions, acute care (out-of-state hospitals)	Yes	MESSA. Submit request through the MESSA <b>provider portal</b> . Refer to the MESSA <b>Prior Authorization</b> page.
Joint surgery — knee, hip, shoulder (See also: Musculoskeletal procedures, other)	No	N/A
Medical oncology (See also: Radiation oncology)	No	N/A
Musculoskeletal procedures (See also: Joint surgery — Knee, hip, shoulder)	No	N/A
Pain management	No	N/A
Physical, occupational and speech therapy with an autism diagnosis	No	N/A
Physical and occupational therapy with a non-autism diagnosis	No	N/A
Post-acute care (Rehab, LTAC)	Yes	MESSA. Submit request through the MESSA <b>provider portal</b> . Refer to the MESSA <b>Prior Authorization</b> page.
Post-acute care; skilled nursing facility (SNF)	No	N/A

Procedure or service	Is prior authorization required?	Who makes the determination?
Private duty nursing (HCPCS codes S9012 and S9124)	Yes	MESSA. Submit request through the MESSA <a href="#">provider portal</a> . Refer to the MESSA <a href="#">Prior Authorization</a> page.
Proton beam therapy (for information about other radiation oncology procedures, see Radiation oncology below)	Yes	Carelon Medical Benefits Management. Refer to the Blue Cross Blue Shield of Michigan <a href="#">Oncology Services</a> page.
Radiology procedures (high-tech imaging)	Yes	Carelon Medical Benefits Management. Refer to the Blue Cross Blue Shield of Michigan <a href="#">Radiology Service, High Tech</a> page.
Radiology oncology, other than proton beam therapy (for information about proton beam therapy, see Proton beam therapy above)	No	N/A
Sleep studies	Yes	Blue Cross Blue Shield of Michigan. Refer to the Blue Cross Blue Shield of Michigan <a href="#">Sleep Studies</a> page.
Speech therapy with a non-autism diagnosis	No	N/A
Spine surgery	No	N/A
Transplants	Yes	Blue Cross Blue Shield of Michigan Utilization Management. Refer to the Blue Cross Blue Shield of Michigan <a href="#">Transplant Services</a> page.

